

BLOSSOM

A FAMILY ENRICHMENT PROGRAM

“Navigating
life's
challenges
through a
series of
tweaks”

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Blossom's purpose.....

- Blossom is a Family Coaching program for teenagers and adults which is aimed at helping families manage the emotional impact and challenge associated with disability
- Blossom is an education and coaching program that helps family members understand each others emotions and behavioural response to negative events and life challenges
- Blossom assists family members to develop a Family Enrichment and Refinement Plan so joint family goals can be developed



1

When it comes to making change happen in our life, creating a Grand Plan can be overwhelming.

2

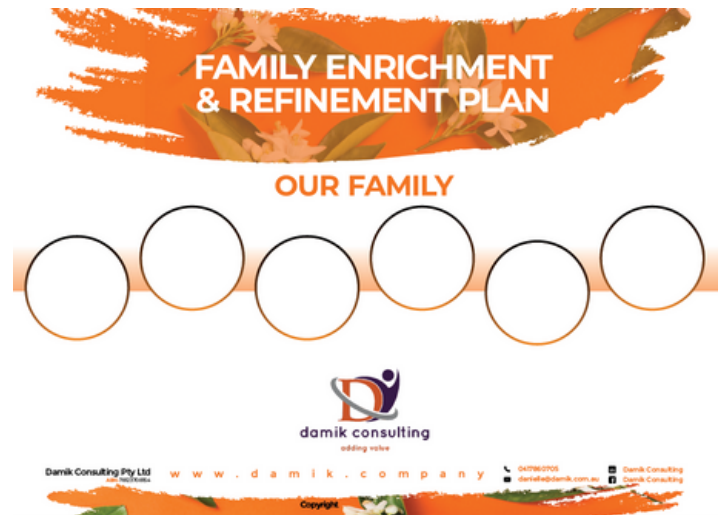
Sometimes, it's the "tiny tweaks" that make the difference.

3

A small tweak or a very simple next step can feel graspable, manageable, doable and sometimes exciting

A series of tiny tweaks can join forces to create big, life-changing patterns

Blossom uses a Family Enrichment and Refinement Plan to help families bring their family goals together through making a series of manageable tweaks to life



Blossom

- Delivered by consultants with significant experience in counselling, coaching or mediation and the impact of challenge on individuals and their families
- Structured as 6 hours of coaching across an agreed number of sessions
- Sessions are delivered at our Brooklyn Park, Munno Para, Hallett Cove or Mawson Lakes offices, or can be delivered on-line to our Mt Gambier office or in the participants home

Locations

Head Office
Shop 2, 18-22 Hurtle Parade
Mawson Lakes SA 5095

Woolcock Group Serviced Offices
6A/938 South Road
Edwardstown SA 5039

Stretton Centre
307 Peachey Road
Munno Para SA 5115

The Convent
20 Penola Road
Mt Gambier SA 5290