


# BLOSSOM

## A FAMILY ENRICHMENT PROGRAM



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“Navigating  
challenges  
through a  
series of  
tweaks”



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# Blossom's purpose.....

- Blossom is a Family Coaching program for teenagers and adults which is aimed at helping families manage the emotional impact and challenge associated with disability
- Blossom is an education and coaching program that helps family members understand each others emotions and behavioural response to negative events and life challenges
- Blossom assists family members to develop a Family Enrichment and Refinement Plan so joint family goals can be developed



1

When it comes to making change happen in our life, creating a Grand Plan can be overwhelming.

2

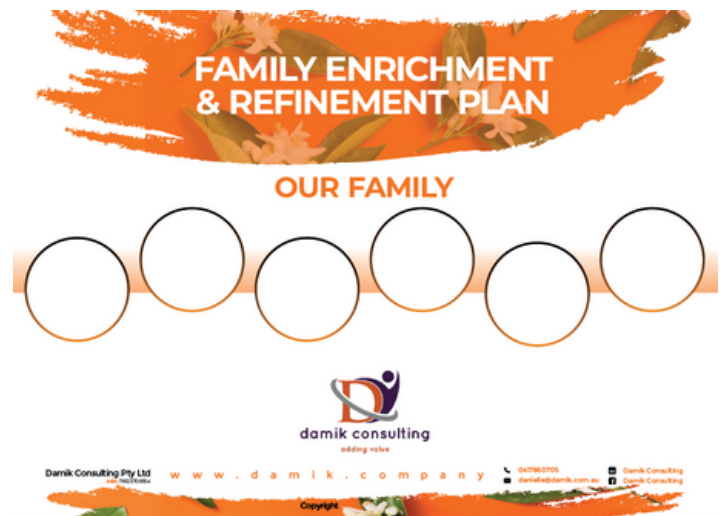
Sometimes, it's the "tiny tweaks" that make the difference.

3

A small tweak or a very simple next step can feel graspable, manageable, doable and sometimes exciting

A series of tiny tweaks can join forces to create big, life-changing patterns

**Blossom uses a Family Enrichment and Refinement Plan to help families bring their family goals together through making a series of manageable tweaks to life**



## Blossom

- Delivered by consultants with significant experience in counselling, coaching or mediation and the impact of challenge on individuals and their families
- Structured as 6 hours of coaching across 3 sessions (or as agreed by the participants)
- Sessions are delivered at our Brooklyn Park, Munno Para or Mawson Lakes offices, or can be delivered via Zoom to our Mt Gambier office or into the clients home

### Locations

Dancorp Office  
283-287 Sir Donald Bradman Drive  
Brooklyn Park. SA 5032

Room 3, West Wing  
Innovation House, Mawson Lakes Blvd,  
Mawson Lakes, SA 5095

Stretton House  
307 Peachey Rd  
Munno Para, SA 5115

The Convent  
20 Penola Rd  
Mt Gambier, SA 5290

