

All Beneficent Services are linked to the Health Benefits of Good Work

Beneficent is a signatory organisation to the Australian Consensus Statement of the Australasian Faculty of Occupational and Environmental Medicine (AFOEM) on the Health Benefits of Good Work



RESTORING Life, CAREER and DIGNITY

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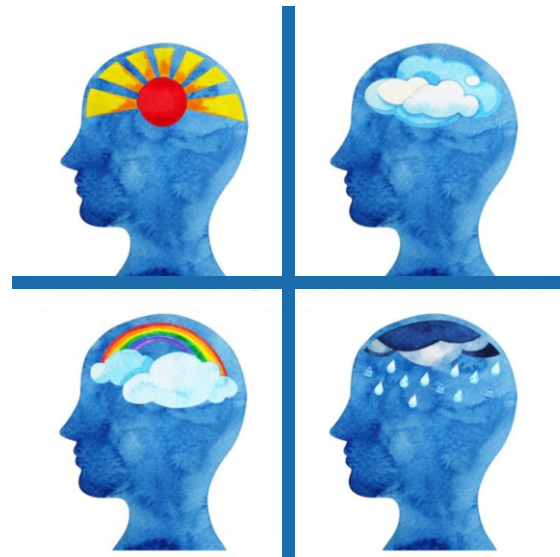
Beneficent

Adjective (of a person) doing or producing good
altruistic, humane, philanthropic, resulting in good.

Our services are based upon the following:

- » one should not practice evil or do harm
- » one should practice good

POSITIVE PSYCHOLOGY AT WORK FOR YOU PRACTICING POSITIVE SOLUTION PSYCHOLOGY



Broken People Blossom into WARRIORS

Beneficent's Positive Mental Health services have five measurable determinants :

- » Generation of Positive Emotion promotes healing (happiness and life satisfaction)
- » Client Engagement (person centred & holistic) develops client empowerment
- » Relationships (develop rapport and trust) reduce isolation & fear
- » Meaning & purpose (vision of whole life benefits) promotes return to good work and life
- » Accomplishment (celebration of achievements) promotes self confidence and life and career participation

Beneficent's positive psychology services address the following RTW and life blockages:

- » Lack of strategy to address the traumatic impact of injury, illness and compensation
- » Lack of motivation due to having no perceived control of life & being in a state of Learned Helplessness
- » Lack of ability to self calm when trauma hits and survival instincts take over
- » Lack of resilience and emotional control in the face of adverse life events
- » Lack of positive reinforcement and emotional management strategies to drive positive behaviours

NEVER LET **FEAR** DECIDE YOUR **FUTURE**



Beneficent staff are:

- ▶ Experienced Gold Star performers, achieving RTW and Life outcomes far in excess of established benchmarks
- ▶ Individually selected for their demonstration of exceptional emotional intelligence skills
- ▶ Trained in the use of positive psychology tools and the benefits of their use
- ▶ Trained in the impact of trauma and practical strategies to reduce the negative impact of trauma on resilience

Beneficent provides flexible services to meet your needs

“Contact us to discuss how we can assist you with a tailor made solution to improve mental health in your workplace, and improve your RTW and Life outcomes”

