



BLOSSOM

A FAMILY ENRICHMENT PROGRAM

“Navigating change through a series of tweaks”

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Blossom's purpose.....

- Blossom is a Family Coaching program for adults which is aimed at helping families manage the traumatic changes that occur when a family member experiences a workplace injury
- Blossom is an education and coaching program that helps family members understand each others emotions and behavioural response to this event
- Blossom assists family members to develop a Family Enrichment and Refinement Plan so joint family goals can be developed

1

When it comes to making change happen in our life, creating a Grand Plan can be overwhelming.

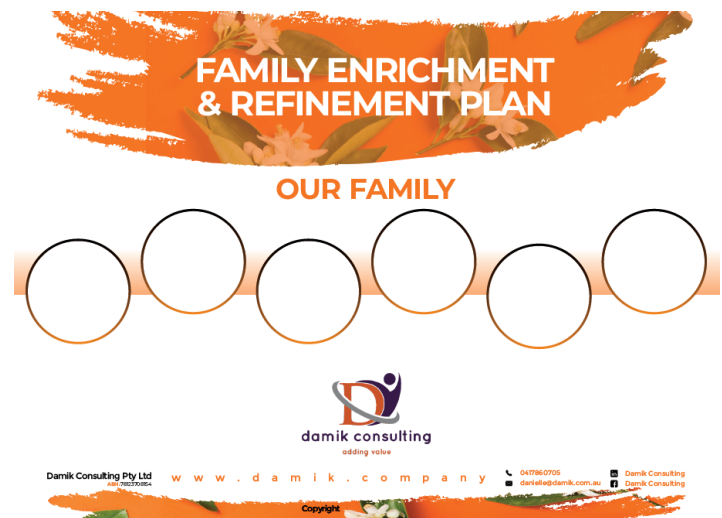
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Sometimes, it's the "tiny tweaks" that make the difference.

3

A small tweak or a very simple next step can feel graspable, manageable, doable and sometimes exciting
A series of tiny tweaks can join forces to create big, life-changing patterns

Blossom uses a Family Enrichment and Refinement Plan to help families bring their family goals together through making a series of manageable tweaks to life



Blossom

- Delivered by consultants with significant experience in counselling, coaching or mediation and the impact of injury on individuals and their families
- Designed for use with adult family members (can be partners or adult children)
- Structured as 6 hours of coaching across 3 sessions
- Sessions are delivered at either of our Brooklyn Park or Mawson Lakes offices, or can be delivered via Zoom

Brooklyn Park

Dancorp Offices
283-287 Sir Donald Bradman Drive

Mawson Lakes

Innovation House
50 Mawson Lakes Boulevard